



AFFIRMATIONS EVERY WOMAN VETERAN NEEDS TO HEAR



#BeyondInvisibleBattles
#BattleTestedForgottenVeteran

1

"I AM SEEN."



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2

"I AM HEARD."



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**"MY TRAUMA
IS VALID."**



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4

"MY HEALING
MATTERS."



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**"I REFUSE TO
SHRINK TO BE
RESPECTED."**



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